

Paralysis Peer Support Gatherings



BACK  INDEPENDENCE
R E H A B

**3rd Thursdays of the Month,
afternoons from 12-1
starting June 17th**

**Learn, share, vent and/or hang out with fellow Peers!
Let us know what topics you would like addressed?**

**Moderated by Hannah Martin,
14 year+ Spinal Cord Injured and Master's in Psychology
&
Darci Pernoud, Occupational Therapist**

WE ARE EXCITED TO INTRODUCE TO YOU A NEURO FITNESS FACILITY IN CHARLOTTE,

BTI REHAB

We focus on promoting health, wellness, and independence to help those with neurological conditions reach their functional goals and improve their everyday lives.

We designed our program to complement traditional hospital/clinic-based therapy by enhancing mind-body connection, recovery and improving overall health and wellness. We strive to build a welcoming environment and empowering atmosphere to help those with neurological impairments push through their limitations and rise above paralysis!

BACK 2 INDEPENDENCE R E H A B

BTI Rehab offers specialized, post-hospitalization neuro fitness training and aquatic exercise sessions with our exercise physiologists to continue improvement after, between, or in conjunction with occupational and physical therapy. Our program incorporates postural correction, weight-bearing/gravitational loading, motor control training, patterned gait training, and much more!



Our clients with neurological impairments include, but are not limited to, Spinal Cord Injury, Brain Injury, Cerebral Vascular Accident / Stroke, Neuromuscular Disorders, Guillain–Barré, Multiple Sclerosis, Amyotrophic Laterals Sclerosis (ALS), and Transverse Myelitis.

Please visit us on our website for more information at www.BTIrehab.com, follow us on social media(Facebook & Instagram) to learn more about what we do in the gym @BTIrehab, and feel free to contact us with any questions or if you'd like to schedule an evaluation at darci@btirehab.com or (980)-272-7105. We'd love to have you in for a Free Consultation and Gym Tour!

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