



SCI Resources Highlights

Updated 4/1/23

NC Spinal Cord Injury Association (NCSCIA), www.ncscia.org

United Spinal Association, www.unitedspinal.org

- United Spinal Resource Center
- United Spinal Advocacy
- New Mobility Magazine, www.newmobility.com

Christopher and Dana Reeve Foundation, www.christopherreeve.org

Paralyzed Veteran's Association, www.pva.org

Miami Project to Cure Paralysis, www.themiamiproject.org

Shepherd Center's Spinal Cord Injury 101, www.spinalinjury101.org

FacingDisability.com- for families facing spinal cord injuries, www.facingdisability.com

Spinalpedia- social mentoring network for the SCI community, www.spinalpedia.com

Model Systems Knowledge Translations System, <https://msktc.org/sci/factsheets>, Spinal Cord Injury Factsheets

NC Resources and Advocacy Help

- Disability Rights NC, www.disabilityrightsnc.org
- NC Independent Living Centers, <http://www.ncsilc.org/centers/>
- Alliance of Disability Advocates, <https://adanc.org/> phone: 919.833.1117
- Vocational Rehabilitation Services and Independent Living, <https://www.ncdhhs.gov/divisions/dvrs>, see website for listing of county offices
- North Carolina Assistive Technology Program, www.ncdhhs.gov
- Resources for Seniors, www.resourcesforseniors.com
- NCCare360, statewide coordinated care network to better connect individuals to local services and resources, www.NCCare360.org

Grants, Fundraising

Fundraising Help, www.HelpHopeLive.org

Challenged Athletes Foundation, www.challengedathletes.org , grants for adaptive sports equipment

Kelly Brush Foundation, www.kellybrushfoundation.org, grants for adaptive sports equipment

Travis Roy Foundation, www.travisroyfoundation.org, includes grants for adaptive equipment for daily living

Triumph Foundation, www.triumph-foundation.org , includes grants for adaptive equipment for daily living

Support Groups

NCSCIA, www.ncscia.org for list of support groups in NC

Facebook SCI Support Resources- Groups

- Spinal Cord Peer Support USA
- Disability Trading Zone
- Life After Spinal Cord Injury (SCI)
- Disabled Resources- Spinal Cord Injury
- Spinal Cord Injury USA
- United Spinal Peer Support USA

Family Caregiver Alliance- National Center for Caregiving, www.caregiver.org

Adaptive Sports and Adventures Program (ASAP), <https://www.atriumhealthfoundation.org/ASAP/> competitive and recreational adaptive sport opportunities for individuals with physical disabilities, phone: Phone: (704) 355-4048

Activity-Based Therapies in NC

NextStep Raleigh, www.nextstepfitness.org, Community-based paralysis recovery and fitness center, Raleigh, phone: 919.679.9405

Back to Independence Rehab, <https://www.backtoindependencerehab.com/>, offers specialized, post-hospitalization neuro fitness training, peer support, Charlotte, phone: 980.272.7105